

Curl Confidence



GARNIER®
FRUCTIS + People EN ESPAÑOL

FOR CHIARA ALCIVAR, BACK-TO-SCHOOL SEASON IS ALL ABOUT FINDING A NEW RHYTHM.

When it comes to her hair, the People en Español executive assistant and mother of two trusts Garnier Fructis products to nourish her multitextured curls and streamline her busy routine. Read on to discover Chiara's curly hair essentials and see how they help her take on each day with confidence.



MY CURL TYPE:

A Mix of Curls and Waves

MY CURL PRODUCT:

Garnier Fructis Curl Nourish Shampoo & Conditioner

MY CURLS MAKE ME FEEL:

Confident, beautiful, and happy!

Why is back-to-school season an ideal time to start a new hair routine? Back-to-school is a busy time for the whole family! It's the perfect moment to simplify my hair routine and get into a daily groove.

What are your favorite curly hair products? I'm a big fan of Garnier Fructis Curl Nourish Shampoo and Conditioner. These products are true time-savers because they help to moisturize my curls and minimize frizz throughout the day. Plus, the light scent of coconut smells so refreshing and clean.

How do you keep your curls looking their best? Conditioner is key: It nourishes my strands without

weighing them down and helps to keep them soft, shiny, and manageable. I also trim my hair every few months to give it extra bounce.

Tell us about your styling routine! For maximum volume and definition, I wash my hair at night with Garnier Fructis Curl Nourish Shampoo and Conditioner, towel-dry, and apply leave-in conditioner. The next morning, I simply spritz my hair with water and style with my hands.

What does a "perfect" hair day look like for you? Big, lustrous curls with no sign of frizz or flyaways! I love it when my hair smells fresh and has a healthy shine. It helps me start each busy day with a confident smile.