

Curl Confidence



GARNIER®
FRUCTIS + People EN ESPAÑOL

WHEN IT COMES TO CURLY HAIR,

Nohelia Castro knows that confidence is key. Whether she's hosting her weekly show, "People VIP," traveling, or hanging out with friends, the People en Español digital editor trusts Garnier Fructis to make her multi-textured curls stand out. Here, she shares the product and styling tips that give her the ultimate curl confidence.



MY CURL TYPE:

*Wavy on the top,
curly on the bottom*

MY CURL PRODUCT:

*Curl Shape
Defining Spray
Gel Serum*

MY CURLS MAKE ME FEEL:

Like a curl boss!

Have you always embraced your curls? For most of my life, I fought with my curly hair. I used to straighten it every week just to feel like I "fit in." Finally, I learned how to style my curls to achieve amazing definition—not to mention healthier hair!

How do you care for your curls on a daily basis? Curly hair needs extra care to control frizz. I use hydrating products with shea butter, like Garnier Fructis Curl Shape Defining Spray Gel Serum, to nourish and define my curls every day.

Tell us about your styling routine! For beautiful and natural curls, I wash my hair at night and sleep in loose braids. In the morning, I spritz and shape my strands with Curl Shape Defining Spray Gel Serum. This

hairstyle hero simplifies my routine by giving my curls definition, hydration, and shine—all at the same time.

What's your favorite way to rock your curls? I love to wear my hair down and let my curls roam free. My hair always needs to look on point when I host my weekly show. It's one of the first things people notice about me and reflects my big personality!

What does a "perfect" hair day look like for you? For me, a perfect hair day is when I don't have to worry about my hair at all! Simply knowing that my hair is manageable, moisturized, and frizz-free helps me to focus on living life to the fullest. When my curls look their best, I feel empowered to be the most confident version of myself.